Top-of-the-range extensive cover



From R14 184

per month

Day-to-day benefits



GPs





Specialists







Optometry

Post-hospital care

Up to 30 days after discharge from hospital or a day procedure facility

Added insured benefits



Contraceptives R2 400/R2 800



10 maternity consultations



2 GP/specialist visits for children under 2 years



Preventive care Health tests and screenings



R510

self-medication

Activated after completing certain health screenings/tests

Core benefits



Trauma and emergency medical cover



Quality private hospitalisation



Care for 271 PMB diagnoses and all CDL conditions



Specialised radiology in and out of hospital

Med**Plus**Quality private

hospitalisation

Main member R14 184

Dependant R14 184

Child dependant R3 540

Pay child dependant rates until your children turn 26



<26 years

Monthly contributions Main member R14 184 Dependant R14 184 9 R3 540 Child dependant <26 years

Children pay child dependant rates until they turn 26

Day-to-day benefits

GP and specialist visits, virtual consultations, physiotherapy, clinical psychology, psychiatric nursing, and supplementary health services	R4 500 per person (pooled per family)
Acute medicine	R8 200 per person (pooled per family)
Non-PMB chronic medicine	R23 100 per person
External prostheses and medical appliances	Per person per three-year cycle Artificial eyes - R18 800 Speech and hearing aids - R19 800 Wheelchairs - R10 700 Artificial limbs - R10 700 Wigs - R2 300
	CPAP apparatus - R11 900 per person per two-year cycle
	Medical appliances and hyperbaric oxygen treatment – R2 300 per person
Optometry (PPN network)	Per person per 24-month cycle R1 135 for a frame/lens enhancements R1 835 for contact lenses
Conservative dentistry (DRC network)	Routine check-ups, fillings, X-rays, and oral hygiene
Specialised dentistry (DRC network)	Crowns, implants, bridges, and orthodontic treatment
Standard radiology	Unlimited
Radiography	R1 300 per family
Pathology (Ampath, Lancet, and PathCare Vermaak)	Unlimited
Care extender benefit	
One additional GP consultation	Activates for the family once we've paid the first claim for a specified health test* from your added insured benefits
R510 for self-medication dispensed at a network pharmacy	Activates for the family once we've paid the first claim for a combo health screening** from your added insured benefits

Added insured benefits

Medihelp provides these benefits on top of your insured day-to-day benefits. You can activate them when you register on HealthPrint, Medihelp's free wellness programme for members, on the Member Zone. Your health screening results from Dis-Chem or Clicks will automatically upload to your health record on HealthPrint.

Maternity benefits	Ten antenatal and postnatal consultations at a midwife/GP/ gynaecologist Two antenatal and postnatal consultations at a dietician/ lactation specialist/antenatal classes Two 2D ultrasound scans Nine months' antenatal iron supplements Nine months' antenatal folic acid supplements
Babies <2 years	Two consultations at a paediatrician/GP/ear, nose, and throat specialist
Child immunisation	Standard immunisation up to seven years
Health screenings	One combo health screening (blood glucose, cholesterol, BMI, and blood pressure measurement)**
Preventive care benefits	A tetanus vaccine A flu vaccine A flu vaccine A mammogram* every two years A Pap smear* every three years A prostate test* An FOBT test* A bone mineral density test* every two years Two HPV vaccinations for girls and boys between 10-14 years or three between 15-26 years
Contraceptives	Oral/injectable/implantable contraceptives - R180 per month, up to R2 400 per year Intra-uterine device - R2 800 every 60 months

In-hospital treatment and life-esser	itial services (insured benefits)
Hospitalisation	No overall annual limit Any private hospital, and day procedure facilities apply for certain day procedures
Hospital medicine on discharge: Applicable medicine dispensed and charged by the hospital on discharge from the hospital (to take out or TTO), excluding PMB/ chronic medicine	R720 per admission
Refractive surgery	Unlimited
Trauma that necessitates hospitalisation	Unlimited
Childbirth	In hospital – unlimited Home delivery – R16 300 per event
Specialised radiology	Angiography, MRI and CT imaging – unlimited PET scans – R27 500 per case
Post-hospital care for speech therapy, occupational therapy, and physiotherapy	R2 300 per member and R3 300 per family, including discharge from a day procedure facility
Emergency transport (Netcare 911)	In country of residence Unlimited (RSA, Lesotho, Eswatini, Mozambique, Zimbabwe, Namibia, and Botswana) Outside country of residence R2 500 for road transport and R16 900 for air transport
Treatment of life-threatening conditions	Unlimited Includes 271 PMB and 26 Chronic Diseases List (CDL) conditions
PMB medicine	Unlimited
Cancer treatment	R650 000 per family
Mental health (psychiatric treatment)	Hospitalisation and professional psychiatric services: R53 900 per beneficiary per year to a maximum of R73 300 per family per year, including one educational psychologist consultation per beneficiary per year to diagnose autism Treatment of depression out of hospital, subject to registration on the Mental Health Programme: R6 000 per beneficiary per year, subject to the in-hospital limit, for services rendered by psychiatrists, psychologists, social workers, occupational therapists, and psychiatric nurses Medicine: R160per beneficiary per month, subject to the in-hospital limit
Health-essential functional prostheses	R77 400 per person Intra-ocular lenses – R5 620 per lens, two lenses per person Hip, knee, and shoulder replacement – PMB and non-PMB
Other prostheses	EVARS prosthesis – R163 300 per person Vascular/cardiac prosthesis – R69 800 per person Prosthesis with reconstructive or restorative surgery and external breast prostheses – R11 800 per family Implantable hearing devices (including device and components) – R336 200 per person Out-of-hospital benefit: R180 000 sub-limit per beneficiary per 5-year period for replacement of the sound processer
Organ transplants	PMB only - unlimited Cornea implants - R35 900 per implant
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R33 800 per family

material/stock used

hospitalisation

R16 000 per family per year, including nurse consultations and

Including renal dialysis, prostatectomy, oxygen, hospice, subacute care, and private nursing services as an alternative to

ImportantThis is only a summary of the available benefits and co-payments that may apply to certain benefits. Please consult the registered Rules of Medihelp and the Member guide for more details. In case of a dispute, the Rules of Medihelp will apply (subject to approval by the Council for Medical Schemes). Certain added insured benefits are not available if the patient has registered the medical condition for PMB or chronic medicine benefits, as the treatment is no longer considered as preventive care



Palliative care

Wound care

Other core benefits