# momentum



# Individual application form - GapCover

2025

### Important notes:

- Thank you for your application to join Momentum GapCover, underwritten by Guardrisk Insurance Company Limited (Reg. 1992/001639/06, FSP No. 75).
- You can only apply for Momentum GapCover via an accredited financial adviser.
- If you are applying for <30 GapCover or >65 GapCover, you may not include dependants.
- Please email the completed and signed form to us at healthnewbusiness@momentumhealth.co.za.

<ul> <li>Momentum Medical Scheme mer as well as Momentum Multiply ( Momentum Medical Scheme. Mo taking any of the products offered</li> </ul>	herein col	llectively referred to as roducts are not medica	Momentum)	Momentum	is not a medical s	scheme	and is a se	eparate	entity to
When you sign this application, you co	onfirm that	you have read and und	derstood the to	erms and cond	ditions of cover an	d agree	to them.		
Tell us who is completing this form	Client/	/applicant	Yes	No	Please read a				ınder
	Appoir	nted financial adviser	Yes	No	Please read a financial advis	and initia	l each decla	aration u	
1: Contract details									
Family Cover (Main member age 18-41)		MGC Supreme <42	- family	- R426					
Single member only (Main member age	30 - 41)	MGC Supreme <42	- single	- R390					
Family Cover (Main member age 42 - 64)		MGC Supreme >42	- family	- R603					
Single member only (Main member age	42 - 64)	MGC Supreme >42	- single	- R545					
Family Cover (Main member age 18 - 41)		MGC Primary <42 - 1	family	- R385					
Single member only (Main member age	30 - 41)	MGC Primary <42 - s	single	- R358					
Family Cover (Main member age 42 - 64)		MGC Primary >42 - 1	family	- R549					
Single member only (Main member age	42 - 64)	MGC Primary >42 - s	single	- R498					
<30 Cover (Single member age 18 - 29)		MGC <30 years ratin	ng	- R259					
>65 Cover (Single member age 65+)		MGC >65 years ratin	ng	- R734					
The monthly premium is inclusive of co	ommissior	n and VAT.							
Your cover can only start on the first d	ay of the c	calendar month following	g your applica	tion. No reque	ests for backdating	g of cove	r will be co	nsidered	l.
When do you want your cover to start?	? 0 1	M M Y Y Y							
2: Personal details Policy holder									
Title		Initials		First name					
Surname									
ID/Passport number					Date of b	oirth	D M M	YY	YY
Country in which passport was issued									
Home address									
						P	ostal code		
Postal address (if different)									
						P	ostal code		
Telephone - work				Cellp	hone number				

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Email address

2: Personal details (continued)	ed)																
Momentum Medical Scheme membership	number								Option	n							
Date joined	D D N	1 M	YY	Y	Υ												
You can only take out Momentum GapCov your medical aid is activated. Should you products.																	
Spouse or partner (If spouse or par	rtner is al	so ap	plyin	g for	mem	bers	ship)	)									
If you are applying for <30 GapCover or > All dependants must reflect on your Mome		-		-					covered	on you	ur medical a	aid at the	e tim	ne of a	claima	ble e	vent
First name																	
Surname																	
ID/Passport number											Gender	Male			Fema	ale	
Country in which passport was issued											Date of bir	th D	D	MM	Y	Y	Υ
Dependants (If dependants are also Dependant 1	o applyin	g for	mem	bersl	nip)												
If you are applying for <30 GapCover or >	-65 GapCo	ver, y	ou ma	y not i	nclude	e dep	enda	nts.									
First name																	
Surname									7								
ID/Passport number											Gender	Male			Fema	ale	<u> </u>
Country in which passport was issued											Date of bir	th D	D	MM	Y	Y	Υ
Relationship to principal member																	
Dependant 2																	
First name																	
Surname																	
ID/Passport number											Gender	Male			Fema	ale	
Country in which passport was issued											Date of bir	rth D	D	MM	Y	Y	Υ
Relationship to principal member																	
Dependant 3																	
First name																	
Surname																	
ID/Passport number											Gender	Male			Fema	ale	
Country in which passport was issued											Date of bir	th D	D	M M	YY	Y	Y
Relationship to principal member											1						
Dependant 4																	
First name																	
Surname																	
ID/Passport number											Gender	Male			Fema	ale	
Country in which passport was issued											Date of bir	th D	D	M M	YY	Y	Y

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Relationship to principal member

#### 3: Previous gap cover details

Have you or any of your dependants previously belonged to any other gap cover? If yes, please give us the detail

ils	6.			Ye	S		No							
			Co	ver	end	d da	te							
	Υ	Υ	D	D		M	Υ	Υ	Υ	Υ				
/	Υ	Υ	D	D	M	M	Υ	Υ	Υ	Υ				
/	Υ	Υ	D	D	M	M	Υ	Υ	Υ	Υ				

Name	Previous insurer	Cover option	Co	Cover start date				Cover end date										
			D	D	M	M	Υ	Υ	Υ	Υ	D	D	М	M	Υ	Y	Υ	Υ
			D	D	M	M	Y	Υ	Υ	Υ	D	D	M	M	Υ	Y	Υ	Υ
			D	D	M	M	Y	Υ	Υ	Υ	D	D	M	M	Υ	Υ	Υ	Υ
			D	D	M	M	Υ	Υ	Υ	Υ	D	D		M	Υ	Y	Υ	Υ
			D	D	M	M	Υ	Υ	Υ	Υ	D	D	M	M	Υ	Υ	Υ	Υ

Please give us proof in the form of a membership certificate.

Please note that only a membership certificate from your current/previous gap cover provider listing all your dependants and their start date of cover will be accepted as proof of cover.

If you answered "yes" and have attached proof of previous gap cover (with a break in cover no more than 90 days), you do not need to complete Section 4.

#### 4: Provide us with more information about your and your dependants' health

**Applicant** 

Please provide full and complete information, even if you have already done so for your Momentum Medical Scheme application for membership. If you do not disclose pre-existing medical conditions, it may limit/exclude certain benefits or result in termination of your cover.

### Important to note:

Name of dependant

- Any cancer, birth or pregnancy-related medical condition that existed within 12 months before the first day of cover will be excluded for 12 months after cover starts (this exclusion extends to any child born during this period); and
- Any other physical defect, medical condition, illness or injury that existed within 12 months before the first day of cover will be excluded for 9 months

Please select a "Y" or "N" for each of the below questions. Please answer honestly, accurately and completely in respect of each person to be covered:

Dependant 1

Dependant 2

Dependant 3

Dependant 4

Spouse or

partner

Name of dependant							
Are you or any of your dependants currently pregnant or trying to become pregnant?	Y	N	Y	Y	Y	Y	Y
Have you or any of your dependants recently given birth?	Υ	N	Y	Y	Y	Y	Y
Have you or any of your dependants ever been diagnosed with any form of cancer, malignant or pre-malignant tumours?	Y	N	Y	Y	Y	Y	Y
Have you or any of your dependants had any surgical procedure during the past 12 months or are you or any of your dependants planning a surgical procedure during the next 12 months?	Υ	N	YN	YN	YN	YN	YN
Do you or any of your dependants take chronic or ongoing medication?	Υ	N	Y	Y	Y	Y	Y
Have you or any of your dependants had treatment was recommended or received we have been applied to the following ongoing back, shoulder, hip or knee problems, arthritis, rheumatism, fibromyalgia or any other musculoskeletal (back, bone and muscle) condition		•		lical conditions listed	d below, for which	medical advice, dia	agnosis, care or
High blood pressure, high cholesterol or lipids, ischaemic or coronary heart disease, chest pains, irregular heartbeat, heart murmur, heart failure, myocardial infarction, angina, peripheral vascular disease, valve lesions or any other heart-related medical condition	Y	N	YN	YN	YN	YN	YN

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Ovarian cysts, hormone replacement therapy, endometriosis, abnormal pap smears or menstrual bleeding, uterine

Stroke, spinal cord injury or any other brain, spinal or nerve condition

fibroids or prolapse

Ν

Section 4: Provide us with more information about your and your dependant's health (continued)

	Applicant	Spouse or partner	Dependant 1	Dependant 2	Dependant 3	Dependant 4
Name of dependant						
Gastric ulcers, hernias, poor digestion, gallstones, spastic colon, GORD (heartburn), inflammatory bowel disease, intestinal polyps or any other abdominal condition	YN	YN	Y	Y	Y	Y
Cataracts, glaucoma, squint, blurry vision, blindness (partial or full), retinal detachment or any other disorder of the eye	Y	Y	Y	Y	Y	Y
Any condition of the ear, nose or throat, including hearing problems, sinus or nasal problems, cochlear implants, tonsillitis, or adenoiditis	Y	Y	Y	Y	Y	Y
Any condition of the mouth, teeth or gums including maxillo-facial treatment or specialised dentistry	Y	Y	Y	Y	Y	Y
Diabetes, thyroid disease (including hypo or hyperthyroidism), osteoporosis or any other metabolic-related condition	Y	Y	Y	Y	Y	Y
Cirrhosis, liver disease or failure, cystic fibrosis or any other liver-related condition	Y	Y	Y	Y	Y	Y
Kidney and/or renal failure, kidney stones, recurrent urinary or bladder infections, dialysis, polycystic kidney disease or any other renal or urinary condition	YN	YN	YN	Y	Y	Y
Any blood condition or disease including deep vein thrombosis, anaemia, ITP (platelet deficiency), leukaemia, lymphoma, haemophilia and any other bleeding disorders	YN	YN	YN	Y	Y	Y
Any condition of the respiratory system including asthma, tuberculosis, chronic obstructive pulmonary disease (COPD), silicosis, pulmonary or cystic fibrosis or emphysema?	YN	YN	YN	YN	Y	Y
Any condition of the prostate including undescended testes or urinary incontinence	Y	Y	Y	Y	Y	Y
Any other medical condition not listed above that may require treatment or surgery	Y	Y	Y	Y	Y	Y

If your answer to any of the above questions is "yes" please provide details below:

Name	Details of condition and treatment undertaken	Start date	End date

## 5: Your beneficiary details

	r Momentum GapCover policy has tw ne or an accident. The beneficiary no																				esult	of a	vio	len
Title	· 9			Init	ials				Fin	st na	ame				-									
Sur	name																							_
ID/F	Passport number										Cell	phoi	ne nu	ımbe	r		Т							
	rsical address											<b>P</b>				_								_
,	Sical dedices																	Post	al c	ode				
Dat	e of birth	D D M	1 M	YY	Y	/	R	elat	tionshi	p to	you							031	.ai C	oue				_
6:	Banking details for colle	ection of	prem	nium	s and	d clai	m	re	fund	s p	aya	able	<b>!</b>											
Nar	me of account holder																							
Acc	ount holder ID/passport number																							
Cor	mpany registration number, if a compa	any accoun	t is use	ed						T						T								
Nar	me of bank																							
Acc	ount number																							
Acc	ount type	Current/0	Cheque	=- <del></del>				Sa	avings							Γ.	Tran	smis	sio	n				
	nch code						Bra		n name															_
Plea	ase choose your debit order date	1st		71	h			10	)th	T		15	th	Т		Г	20th				25	th		
_	-									_			•••											
If no	Tick this box if we may use the samet, please complete the bank details be		ount d	etails	provid	ed for y	yoı	ur p	remiur	n pa	ayme	ents 1	or cla	aim i	etun	ds	paya	ible						
If a	third party's account details are used	l, please pro	ovide a	сору	of thei	r ID.																		
Nar	me of account holder																							
Acc	ount holder ID/passport number																							
Cor	mpany registration number, if a compa	any accoun	t is use	ed						T						T								
Nar	ne of bank																							
Acc	ount number																							
Acc	ount type	Current/0	Cheque	<del></del>				Sa	avings							Γ.	Tran	smis	sio	n				
Bra	nch code						Bra	anch	n name	: [														_
Bv :	signing below you:																							
1.	Authorise Guardrisk to debit the acc	count specif	ied for	colle	ction of	f premi	ium	ns v	vith the	e mo	onthly	v pre	miun	n du	e in r	esc	ect o	of th	is p	olicv				
2.	Authorise Guardrisk to make claim	•				•						, μ							-	,				
3.	Acknowledge that this authorisation	ı will remain	in forc	e and	d effect	until c	an	cell	ed by	you,	, in w	ritin <sub>(</sub>	g with	n one	e cal	end	ar m	onth	ı's r	otice	€.			
4.	Understand and accept that should legislation, with one month's notice premium.																							
5.	Undertake to inform Guardrisk of ar	ny change ir	n your	banki	ng deta	ails and	d a	uth	orise C	Suar	drisk	to v	erify	sucl	n bar	nkin	g de	tails	wit	h yo	ur ba	nk.		
6.	Confirm that Guardrisk shall not be banking details.	held liable	for inc	orrect	claim	payme	nts	s m	ade as	ar	esult	of y	our f	ailur	e to i	nfo	rm G	Guard	dris	k of a	a cha	inge	in y	⁄ou
7.	Accept that Guardrisk may debit you	ur account	on a da	ate ot	her tha	n that	spe	ecifi	ed.															
8.	Acknowledge that it is your respons Guardrisk permission to collect prer		sure th	at pro	emiums	s are c	olle	ecte	ed for o	cove	er to i	rema	iin in	forc	e, no	twi	thsta	ındir	ng tl	ne fa	ct tha	at yc	u g	ran
															_									
	Signature of policy holder														Date	·	D   E	)   N	1   1	1 Y	Υ	Y	Υ	
	Signature of third party (if applicable)														Date		D [	) N	1 1	1 Y	Υ	Υ	Υ	

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## 7: Financial adviser

You	can only apply for Momentum GapCo	over via an accredited financial adviser.		
Br	okerage name	Financial adviser's name	Cellphone number	Email address
	Signature of financial adviser			Date D D M M Y Y Y Y
8:	Business/Practice consu	ultant		
Nan	ne and surname			
Bus	iness/Practice consultant's code		Branch name	
Tele	phone - work		Cellphone num	ber
Ema	ail address			
9:	Financial adviser declaration behalf of the client	ation and consent – only applicab	le when a financial advi	iser is completing an application form
Plea	se initial each of the following senten	ces below to confirm that you are in agree	ment with the statement:	
1.	The applicant has authorised you to true and accurate as advised by you	complete this application form on their belin client.	half and you confirm that t	he information provided is
2.	You can provide proof of your client's	s above mentioned authorisation timeously	on request by Guardrisk.	
3.		the below client/applicant declaration and	•	
10:	Declaration			
	By ticking this box you confirm that	your financial adviser has communicated t	he below to you:	
1.	That he/she is mandated by an auth	orised Financial Services Provider (FSP),	as set out above, to act or	behalf of that FSP as a representative.
2.	•	al adviser in terms of the FAIS Act at the d		·
3.		ent by you to provide advice and ongoing i		
4.	That he/she has made you aware of	the commission payable by Guardrisk to I	nim/her in respect of this p	olicy.
5.	That he/she has conducted a financial	al needs analysis and this insurance prod	uct is suitable to meet you	r insurance needs.
6.	That he/she has explained the insur well as how to claim from the policy.	rance product to you and you understand	how the product works, w	hat is covered and what is not covered, as
7.	That he/she is responsible for provious this application form.	ding you with his/her contact details and h	e/she is accountable for a	ny advice given to you about completion of
Υοι	r declaration and consent			
Plea	ase tick each of the following sentence	es below to confirm that you are in agreem	ent with the statement:	
1.	I hereby apply for Momentum GapC	over and I agree to abide by its rules.		
2.		ave supplied is correct and complete and the vill become effective on the first day of the		
3.	I confirm my understanding that sho	uld this application be incomplete, my app	lication may not be proces	sed by Guardrisk.
4.	•	uld any material information be withheld or paid may be used to offset expenses incu	•	ng the application process, Guardrisk
5.	I understand that my and my depend me prior to my application for cover.	dants' cover may be subject to waiting perion	ods and that these waiting	periods have been communicated to
6.	I declare my understanding that this dependants' medical scheme cover.	s insurance product is not a substitute for	medical scheme cover ar	nd that it does not replace my, or my
7.	I understand that this product does which my cover will and will not pay.	not insure against every shortfall in medic	cal scheme cover and that	t I am aware of the circumstances in
8.		at my eligibility for cover is dependent on madvise Guardrisk if I terminate my, or my c		
9.	I confirm that I have appointed the a	bove named financial adviser as intermed	iary to my policy.	

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## 10: Declaration (continued)

Your declaration and consent (continued)

(	Signature of policy holder  Date D M M Y Y Y Y	
*Rer	member to inform us should any information provided on this form change between the date of signing the form and the start date.	
_	ed at	
23.	If I am applying for the <42 or >42 single rate product, I declare my understanding that this cover applies only to me and that if I want to add a spouse, adult or child dependant to my cover, I will have to transfer to the <42 or >42 family rate product at the required premium, from the first of the month during which I add my dependant/s.	
22.	If I am applying for the <30 product, I further declare my understanding that my eligibility for cover on this product is dependent on my being between 18 and 29 years old and that once I reach 30 years old, my cover will be transferred to the <42 product at the required premium on my next cover renewal date.	
	If I am applying for the <30 product, I declare my understanding that this cover applies only to me and that if I want to add a spouse, adult or child dependant to my cover, I will have to transfer to the <42 family rate product at the required premium, from the first of the month during which I add my dependant/s.	
20.	I authorise Guardrisk to disclose all relevant information to the appointed financial adviser on my policy to assist in the processing of this application form, for the purpose of administering cover and processing of all future claims under this policy. This information could include my (or one of my dependants') medical diagnosis, treatment and history as well as personal information. I further confirm that my dependants and/ or beneficiaries have also provided the necessary authority to disclose their relevant information to the appointed financial adviser to assist in the processing of this application form, administrating of this policy and any claims processed by Guardrisk on this policy.	
19.	I confirm that I am aware of my right to request a copy of my and my dependants' personal information that Guardrisk holds, that I have the right to request that such personal information is updated, corrected or deleted by Guardrisk and that I have the right to object to the processing of my personal information by lodging a complaint with the Information Regulator who can be contacted on 010 023 5207 or via email at POPIAComplaints@inforegulator.org.za.	
18.	I authorise Guardrisk to collect, process and store my and my dependants' personal information for the purpose of administering cover under this policy. I further confirm that my dependants and/or beneficiaries have also provided me with the authority to disclose their personal information to Guardrisk as well as for their medical scheme to disclose such personal information to assist in the processing of claims under this policy.	
17.	I undertake to notify Guardrisk of any change in my personal details within a reasonable time period and I indemnify Guardrisk against any liability for any loss that may result from my failure to notify Guardrisk of such change in a timeous manner.	
16.	I authorise Guardrisk to negotiate discounts on my behalf with medical service providers in order to maintain a good risk profile for my cover. If successful, I acknowledge that payment will be made directly to the service provider's bank account and no further payment will be due to me.	
15.	I authorise Guardrisk, or its appointed service provider, to negotiate on my behalf with my medical scheme in respect of shortfall claims that may have arisen from medical events which my medical scheme is legally obliged to cover in full.	
14.	I authorise Guardrisk to use, review and process any of my or my dependants' personal information provided to Guardrisk in the course of this application and for the purpose of administering cover and processing of future claims under this policy. I further confirm that my dependants and/or beneficiaries have also provided me with the authority to disclose their personal information to Guardrisk.dependants	
13.	I authorise Guardrisk to obtain from any person, medical practitioner or institution, any information that Guardrisk requires for purposes of claims arising from this policy. I authorise such person(s) to give the said information to Guardrisk, and to share with other insurers and medical schemes any information in this application or in any related policy or other document, either directly or through a database operated by or for insurers as a group, at any time (even after my death) and in such detailed, abbreviated or coded form as Guardrisk or the operators of such database may decide from time to time. I acknowledge that this authorisation will endure for a maximum of five years after my death.	
12.	I authorise the disclosure of relevant medical information by my medical scheme to Guardrisk to assist in the processing of claims under this policy. This information could include my (or one of my dependants') diagnosis, treatment and medical history. I further confirm that my dependants and/or beneficiaries have also provided the necessary authority for their medical scheme to disclose their relevant medical information to Guardrisk to assist in processing of claims under this policy.	
11.	I understand that in terms of the Financial Advisory and Intermediary Services Act, 2002 ("FAIS"), the financial adviser must be mandated by a licensed Financial Services Provider ("FSP") as a representative with the necessary FAIS sub-categories to act on my behalf and that it is my responsibility to determine whether my financial adviser has the necessary authorisation.	
10.	I authorise Guardrisk to make payment of the monthly commission, calculated as per the legislated sliding scale in the Demarcation Act of 2017 to the appointed intermediary for services rendered in respect of this policy.	

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Momentum 268 West Avenue Centurion 0157 PO Box 7400 Centurion 0046 South Africa Call Centre 0860 11 78 59 member@momentumhealth.co.za momentummedicalscheme.co.za Momentum Health (Pty) Ltd is part of Momentum Group Limited, an authorised financial services and registered credit provider. Reg. No. 1904/002186/06